



ACCREDITED CARDIOLOGY

OF ARIZONA



Treadmill Stress Test

Patient Information Sheet

Patient Name

Type of Test

Date and Time Scheduled

If you are scheduled for a *Treadmill Stress Test*:

Medications: Do not take any Beta Blockers, Calcium Channel Blockers or Nitrates the night before or the day of the test. All other medications take as scheduled. If you have any questions regarding medications please call our office at **480-968-7600, ext 12.**

Clothing: Wear loose-fitting clothes and comfortable walking shoes.

Eating or drinking restrictions:

No food or drink 4 hours prior to test

Beta Blockers

Atenolol (Tenormin)
Metoprolol, Toprol XL
(Lopressor)
Nadolol (Corgard)
Pindolol (Visken)
Timolol (Blocadren)
Acebutolol (Sectral)
Propranolol (Inderal)
Sotalol (Betapace)
Ziac
Kerlone

Calcium Channel Blockers

Nifedipine (Procardia)
Nicardipine (Cardene)
Diltiazem (Cardizem Dilacor XR)
Verapamil (Calan, Isoptin)
Isradipine (Dynacirc)
Felodipine (Plendil)
Amlodipine (Norvasc)
Adalat
Bepridil
Diltiazem
Sular
Tiazac
Covera

Nitrates

Ismo
Isordil
Isosorbide
Nitrobid
Nitro-Dur
Nitropatch
Imdur

Diabetic Patients: Please call the office and speak with staff for recommendations on taking insulin or other oral agents prior to the study.